

LENTEN PROGRAMME 2025

St. Joseph's Cathedral Parish - Kuching

The Lenten season begins on **ASH WEDNESDAY** which falls on **5th March** this year. This is a day of penance marked by **FASTING & ABSTINENCE**. The lay faithful are encouraged to participate in the following activities scheduled throughout Lent leading up to the Sacred Triduum and Easter.

EVENT	DATE	TIME
Ash Wednesday (<i>Day of Fasting & Abstinence</i>) @ SJC <i>** Live-stream Mass</i>	5 Mar (Wed)	7:00 am (E) ** 9:00 am (E) 6:00 pm (M) 8:00 pm (BM)
@ CC		7:00 am (E)
Mid-Day Mass @ CC	7 Mar (Fri)	12:30 pm (E)
Stations of the Cross + Holy Mass @ SJC	7 Mar (Fri)	2:30 pm (M) 5:30 pm (E)
Holy Hour @ CC	7 Mar (Fri)	7:30 pm (E)
RCIA & IKD - Rite of Election @ SJC	9 Mar (Sun)	9:00 am (M) 11:00 am (BM) 5:00 pm (E)
SSVP Outreach - "Friends In Need" Visit 1 Contact : Julia Shim @ Hp 019-8890462	9 Mar (Sun)	9:30 am - 2:00 pm • <i>meet at St Mark's Church carpark</i>
Novena of Holy Hours @ SJC	11 Mar (Tue)	8:00 pm - 9:15 pm
Lenten Reflection Theme 'Lent: A Way Of Hope' by Fr. Stanley Goh, SJ @ Sts. John & Lucy Conference Hall, Level 2. ACCPC	12 Mar (Wed)	8:00 pm
Lenten Talk Theme : A Little Way Through Lent A Spiritual Journey with St Therese of Child Jesus by Fr Philip Tay, OCD @ zoom (refer to Church Notice for link)	12 Mar (Wed) & 13 Mar (Thu)	8:00 pm - 9:30 pm
Mid-Day Mass @ CC	14 Mar (Fri)	12:30 pm (E)
Stations of the Cross + Holy Mass @ SJC	14 Mar (Fri)	2:30 pm (M) 5:30 pm (E)
Holy Hour @ CC	14 Mar (Fri)	7:30 pm (E)
HTC Lenten Reflection With Eucharistic Adoration @ Holy Trinity Church	14 Mar (Fri)	7:45 pm - 10:00 pm (BM)
	15 Mar (Sat)	8:15 am - 12:00 noon (M) 1:30 pm - 4:00 pm (E)
SSVP Outreach - "Friends In Need" Visit 2 Contact : Julia Shim @ Hp 019-8890462	16 Mar (Sun)	9:30 am - 11:30 am • <i>meet at HSBC carpark</i>
Novena of Holy Hours @ SJC	18 Mar (Tue)	8:00 pm - 9:15 pm
St Joseph, Spouse of the Blessed Virgin Mary (Mass) @ SJC	19 Mar (Wed)	7:30 pm (E) (5:30 pm Mass cancelled)
Lenten Reflection Theme 'Lent: A Way Of Hope' by Fr. Stanley Goh, SJ @ Sts. John & Lucy Conference Hall, Level 2, ACCPC	19 Mar (Wed)	8:00 pm Cancelled.
RCIA - Sacrament of Reconciliation of Reception Candidates @ SJC	20 Mar (Thu)	7:00 pm to 7:45 pm (E)
Mid-Day Mass @ CC	21 Mar (Fri)	12:30 pm (E)

EVENT	DATE	TIME
Stations of the Cross + Holy Mass @ SJC	21 Mar (Fri)	2:30 pm (M) 5:30 pm (E) (<i>Combined Requiem Mass</i>)
Holy Hour @ CC	21 Mar (Fri)	7:30 pm (E)
RCIA & IKD - 1st Scrutiny @ SJC	23 Mar (Sun)	9:00 am (M) 11:00 am (BM) 5:00 pm (E)
SSVP Outreach - "Friends In Need" Visit 3 Contact : Julia Shim @ Hp 019-8890462	23 Mar (Sun)	9:30 am – 12:00 pm • <i>meet at St Mark's Church carpark</i>
Lenten Confession for Mission School : @ SK Catholic English	25 Mar (Tue)	8:00 am
Novena of Holy Hours @ SJC	25 Mar (Tue)	8:00 pm - 9:15 pm
RCIA - Presentation of the Creed @ SJC Parish Centre St Augustine (AVA) Room	26 Mar (Wed)	7:30 pm (M)
Lenten Reflection Theme 'Lent: A Way Of Hope' by Fr. Stanley Goh, SJ @ Sts. John & Lucy Conference Hall, Level 2, ACCPC	26 Mar (Wed)	8:00 pm
Lenten Confession for Mission Schools - a) St Teresa's Primary School; and b) St Teresa's Secondary School @ SJC	27 Mar (Thu)	7:45 am
RCIA - Presentation of the Creed & Rite of Reception into the Catholic Church @ SJC	27 Mar (Thu)	7:30 pm (E)
Mid-Day Mass @ CC	28 Mar (Fri)	12:30 pm (E)
Stations of the Cross + Holy Mass @ SJC	28 Mar (Fri)	2:30 pm (M) 5:30 pm (E) - cancelled (Parishioners are encouraged to join the 5:00 pm Mass at St. Peter's Church)
24 Hours for the Lord @ St. Peter's Church (Combined city parishes)	28 Mar (Fri) to 29 Mar (Sat)	Start: 5:00 pm (with Mass) End: 5:00 pm (with Benediction)
Holy Hour @ CC	28 Mar (Fri)	7:30 pm (E) – cancelled
RCIA & IKD - 2nd Scrutiny @ SJC	30 Mar (Sun)	9:00 am (M) 11:00 am (BM)
RCIA - Day of Recollection & 2nd Scrutiny @ Home of Peace	30 Mar (Sun)	9:15 am (E)
Baptism of Babies @ SJC	30 Mar (Sun)	12:00 pm (BM)
IKD- Sacrament of Reconciliation of Reception Candidates @ SJC	30 Mar (Sun)	1:30 pm (BM)
RCIA - Presentation of the Lord's Prayer @ SJC Parish Centre St Augustine (AVA) Room	31 Mar (Mon)	7:30 pm (M)
Novena of Holy Hours @ SJC	1 Apr (Tue)	8:00 pm - 9:15 pm
IKD Presentation of the Creed & Rite of Reception into the Catholic Church @ SJC	2 Apr (Wed)	7:30 pm (BM)

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EVENT	DATE	TIME
RCIA - Presentation of the Lord's Prayer @ SJC	3 Apr (Thu)	7:30 pm (E)
Mid-Day Mass @ CC	4 Apr (Fri)	12:30 pm (E)
Stations of the Cross + Holy Mass @ SJC	4 Apr (Fri)	2:30 pm (M) 5:30 pm (E)
Holy Hour @ CC	4 Apr (Fri)	7:30 pm (E)
SSVP visit to The Sarawak Cheshire Home (limited to 12 persons only) Contact : Leslie Ong @ Hp 012 8261195	5 Apr (Sat)	8:00 am - 10:00 am <i>meet at The Sarawak Cheshire Home carpark</i>
RCIA/IKD - 3rd Scrutiny @ SJC	6 Apr (Sun)	9:00 am (M) 11:00 am (BM) • 5:00 pm (E)
IKD - Day of Recollection @ St. Joseph's Grand Hall, Level 3, ACCPC	6 Apr (Sun)	12:30 pm - 5:00 pm (BM)
IKD - Presentation of the Lord's Prayer @ SJC	7 Apr (Mon)	7:30 pm (BM)
Evening Lenten Confession at City Parishes @ St. Peter's Church, Padungan @ Blessed Sacrament Church, BDC @ Sacred Heart Church, Kota Sentosa @ St. Mark's Church, Batu Kawa @ St. Joseph's Cathedral	7 Apr (Mon) 8 Apr (Tue) 9 Apr (Wed) 10 Apr (Thu) 11 Apr (Fri)	7:30 pm to 10:00 pm 7:30 pm to 10:00 pm 7:30 pm to 10:00 pm 7:30 pm to 10:00 pm 7:30 pm to 10:00 pm
Novena of Holy Hours @ SJC	8 Apr (Tue)	8:00 pm - 9:15 pm
Lenten Reflection Theme 'Lent: A Way Of Hope' by Fr. Stanley Goh, SJ @ Sts. John & Lucy Conference Hall, Level 2, ACCPC	9 Apr (Wed)	8:00 pm
Lenten Confession for Mission School - SMK St Joseph @ SJC	11 Apr (Fri)	7:45 am
Mid-Day Mass @ CC	11 Apr (Fri)	12:30 pm (E)
Stations of the Cross + Holy Mass @ SJC	11 Apr (Fri)	2:30 pm (M) 5:30 pm (E)
Holy Hour @ CC	11 Apr (Fri)	7:30 pm (E)
RCIA - Day of Recollection @ St Mary Function Hall, Level 2, ACCPC	12 Apr (Sat)	9:00 am to 1:00 pm (M)
Lenten Confession For the Elderly @ SJC	14 Apr (Mon)	8:30 am to 10:00 am
RCIA – Sacrament of Initiation	19 Apr (Sat)	9:00 pm (E)
RCIA/IKD - Sacrament of Initiation	20 Apr (Sun)	9:00 am (M) 11:00 am (BM)

ST. JOSEPH'S CATHEDRAL - HOLY WEEK & EASTER SERVICES		
Palm Sunday of the Passion of the Lord (Blessing & distribution of palms at all Masses) ** Live-stream Mass	12 Apr (Sat)	6:00 pm (E)
	13 Apr (Sun)	7:00 am (E) ** 9:00 am (M) ** 11:00 am (BM)** <i>[with procession from SPC ground]</i> 5:00 pm (E)
Chrim Mass	16 Apr (Wed)	7:30 pm (E)
Holy Thursday Mass of the Lord's Supper	17 Apr (Thu)	6:00 pm (BM) 8:00 pm (E) ** <i>(Adoration of the Blessed Sacrament till midnight)</i>
Good Friday Celebration of the Passion of the Lord (Day of Fasting & Abstinence)	18 Apr (Fri)	12:15 pm (M) 3:00 pm (E)** 6:30 pm (BM)
Holy Saturday (Easter Vigil)	19 Apr (Sat)	6:00 pm (BM) 9:00 pm (E) ** <i>[with RCIA]</i>
Easter Sunday of the Resurrection of the Lord	20 Apr (Sun)	7:00 am (E) ** 9:00 am (M) ** <i>[with RCIA]</i> 11:00 am (BM) ** <i>[with IKD]</i> 5:00 pm (E)

** Live-stream Mass

CARMELITE CHAPEL – TRIDUUM & EASTER SERVICES		
Holy Thursday Mass of the Lord's Supper	17 Apr (Thu)	6:00 pm (M) 8:00 pm (E) <i>(Adoration of the Blessed Sacrament till midnight)</i>
Good Friday Celebration of the Passion of the Lord (Day of Fasting & Abstinence)	18 Apr (Fri)	3:00 pm (E) 6:00 pm (E)
Holy Saturday (Easter Vigil)	19 Apr (Sat)	6:00 pm (M) 9:00 pm (E)
Easter Sunday of the Resurrection of the Lord	20 Apr (Sun)	8:00 am (E)

Abbreviations: - (E) - English; (M) - Mandarin; (BM) - Bahasa Malaysia; SJC - St. Joseph's Cathedral; CC - Carmelite Chapel; ACCPC - Archdiocesan Curia & Cathedral Pastoral Centre; RCIA - Rite of Christian Initiation for Adults; IKD – Inisiasi Kristian Dewasa; SSVP - Society of St. Vincent de Paul